

WORLD TRIBUNE MAILBOX

Inspired and Thankful

I am a year into my practice and from the beginning I looked forward to the *World Tribune*, and I still do. I thoroughly enjoy the personal experiences and the “Back to the Basics” section. Because my practice is still so new, I look for encouragement daily.

The article “Prayer: A Real Force for Change” by Matilda Buck in the June 9 *World Tribune* was what I needed. As I took the quiz, I had to answer true to “I sometimes doubt I can overcome my problems.” The guidance in that article touched me so deeply and put into words thoughts that I have. The article is on my altar, so I can refer back to the steps to overcome doubt.

—CANDACE ROSS
White Oak, Md.

As I flipped through the July 7 “Seize the Day” section of the *World Tribune*, I saw Shan Serafin’s article “Violence Wears a Tricky Mask.” I had never heard of the Milgram Study, but I will conduct my own study and make sure I don’t simply “cooperate with authority,” especially when it isn’t based on true humanism.

Then I saw Shavawn Berry’s “Perspective,” “With the End In Mind.” This, too, hit home. She joyfully made me re-examine my own personal mission to make sure that I will have no regrets. Thank you, Shan and Shavawn!

—LISA MCGOWN
Torrance, Calif.