

SGI PRESIDENT IKEDA'S JUNE 30 ENCOURAGEMENT HOW TO ACHIEVE AN UNAGING LIFE-FORCE

The evening of June 30, SGI President Ikeda attended an informal gathering wtatives in Shinjuku, Tokyo. President Ikeda said that “Buddhism teaches us how to achieve an unaging, eternally vibrant life force. Nichiren Daishonin declares, ‘You will grow younger’ (*The Major Writings of Nichiren Daishonin*, vol. 5, p. 158). With an ever-youthful spirit, may you always be dedicated, in your respective parts of the world, to spreading the ideals of Buddhism for the happiness and peace of all people. And may you accumulate infinite, everlasting benefit in your lives as a result.

“The true teachings of the Daishonin’s Buddhism,” he added, “do not lie in formalities or authority. They are found only in the faith and practice of those who strive earnestly for kosen-rufu throughout their lives.”

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