

**WOW! The Source of Benefit**  
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I have been practicing Nichiren Daishonin's Buddhism for 10 years. However, I have only recently begun to understand the concept of benefit in this practice. In the past, I really wasn't concerned about the source of conspicuous benefit — all I knew was that I wanted results, and I wanted them often.

It wasn't until the beginning of this year, when I was asked to present the concept of human revolution at my district discussion meeting, that I discovered I had often been basing my happiness on something outside myself.

The term *human revolution* was used for the first time by President Toda in reference to the ultimate goal of Buddhist practice; human revolution is the reformation of one's life. I sought further explanation in reading *Fundamentals of Buddhism* and learned that if you observe a person's life, you will discover his or her basic tendency or strong inclination toward one or more of the ten worlds from Hell to Buddhahood. Thus, the term *human revolution* indicates the gradual elevation of our basic tendency.

The visible results of our inner changes are called conspicuous benefits. The inner changes themselves are inconspicuous benefits and are, to me, the most important. There have been crucial moments in my practice — moments that required me to make things materialize in my daily life — and by chanting I have gotten the conspicuous benefits I've needed. But through my study of human revolution, I have realized that the changes that I've made in the depths of my life over the past 10 years are *the real source* of all my conspicuous benefits.

Don't get me wrong. I still chant expecting visible results. But now I'm not so concerned with conspicuous benefits and am more focused on my inward determination to fulfill my mission in life. WOW!

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