

New Publication for Friends and Guests

Friends and discussion meeting guests frequently want to know more about Nichiren Daishonin's Buddhism. And one great new way to supplement the invaluable personal attention you'll give them is *The Winning Life: An Introduction to Buddhist Practice*.

Just published by the SGI-USA, *The Winning Life* gives quick yet detailed information about practicing Nichiren Daishonin's teachings.

Using plain language that speaks to the heart of newcomers' questions, the convenient, 48-page booklet is organized into four sections:

- what it means to have a winning life bolstered by the practice of Buddhism,
- an examination of the mechanics of practice,
- an explanation of core Buddhist concepts, and
- an overview of the organization and its history.

The Winning Life also includes a list of suggested further reading as well as the SGI-USA Web site address.

The Winning Life is available now at SGI-USA bookstores, or can be ordered by calling (800) 626-1313 and asking for Mail Order #0105 (\$1.00 per copy).

True happiness or victory in life is having the tools to take on each hurdle, overcome it, and become stronger and wiser in the process. Inside each human being is a storehouse of all the necessary traits to tackle every problem that confronts us. Buddhism is the practice that allows us access to this storehouse and unleashes our inherent power to take on all of life's challenges and win.

— *excerpt from*
The Winning Life